

Dr. Charles Best Secondary

2525 Como Lake Avenue, Coquitlam, BC V3J 3R8 604-461-5581

Website: <http://www.sd43.bc.ca/school/charlesbest/Pages/default.aspx>

Principal – Carol Coulson, Vice-Principals – Dave Jones, Sharon McKay and Anita Young



Best Vibrations Newsletter – Discover Your Best

April 27, 2018: Issue No. 9

Our school goal is to develop a culture of connectedness and belonging within the school, among school staff, students, and our parent community, in order to enhance opportunities for collaborative partnerships.

HIGHLIGHTS

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IMPORTANT DATES

May 2-5 & May 9-12

Spring Play "A Midsummer Night's Dream"

May 7

PAC Annual General Meeting

May 21

Victoria Day (Stat Holiday)

May 22

Small Ensemble Night 7PM

June 1

School Based Pro-D (students do not attend)

June 6

Year-End Music Concert 7PM

June 9

Commencement – Queen Elizabeth Theatre, Vancouver 11AM

June 13

Awards Day – Gym
Gr 11/12: 9:45AM, Gr 9/10: 12:30PM

June 21

Last day of regular classes

June 22

Tutorial/"I" Day
French Leaving Ceremony 1PM

June 23

Grad Dinner & Dance – Fairmont Waterfront 6PM

June 28

Report Cards distributed 10AM

MESSAGE FROM THE PRINCIPAL

I hope you are all enjoying the incredibly warm weather we have been having, especially after such a cold March! While it is hard to believe we are already in the home stretch of the school year, it actually feels much more like July than April.

Our mid-semester report cards were sent home yesterday (Thursday, April 26). Please take time to review this report with your son or daughter and help them to reflect on what contributes to their successful learning. It is important that, as the warm weather arrives, students are attending classes and are committed to focusing on their work. This is especially vital for our Grade 12 students who, quite naturally, are looking forward to the graduation celebrations, but who also must keep their focus firmly on classroom achievement. Remember, only students who are **passing all courses** required for graduation will be permitted to participate in the Commencement Ceremonies on Saturday, June 9.

For those students who are struggling in some courses, it is important to access the supports that are available. These include: morning and after-school tutorials, support in the Student Learning Centre, peer tutoring, and the free online tutoring available at www.learnnow.ca/services. Additionally, we encourage students who are taking the Math 10 Foundations and Pre-Calculus course to access the tutorial resources on the School District's website at: [SD43 Math Resource Centre](#).

Earlier this week, we sent out a Grad Handout for parents that outlined key information pertaining to graduation – this information was also presented to the graduating class at last week's Grad Assembly. Please note that there are **3 important deadlines for Monday, April 30** – completion of Grad Transitions (including the Exit Interview), submission of a [Grad Commencement Message](#) (click the link), and submission of the **Grad Guest Application Form** for those students interested in inviting a guest to Dinner/Dance. These deadlines are firm, so please check-in with your grad to see what may need to be completed over the weekend in order for students to meet these deadlines.

Our Spring athletic teams – boys and girls rugby, girls senior and junior soccer, track & field, badminton, and golf – are underway and giving it their all. We would like to thank the coaches and parents who support our teams on a regular basis.

The month of May will be a busy one with a number of events and activities set to take place. A key annual highlight is, of course, our spring drama production! This year, our theatre troop, under the direction of Mr. Brad Case, will perform *Shakespeare's A Midsummer Night's Dream*. The show opens on May 2 and runs until May 12. Be sure to set aside an evening (or two evenings!) to take in what we anticipate to be a spectacular rendition of this classic!

Enjoy the month of May as June will be here before we know it.

Carol Coulson,
Principal

WHAT'S BEEN HAPPENING?

PHYSICS OLYMPICS

On March 10, seven senior physics students from Dr. Charles Best competed at the UBC Physics Olympics. It was a greatly inspirational event that offered all of us – Chris Venn, Max Maj, David Dawson, Ashleigh Cosgrave, Grace Sun, Max Botsis, and Colin Buchko (left to right) – significant glimpses into the more profound workings of physics. An intricate set of consternating challenges offered us the chance to bring out the best of ourselves, as well as the chance to test ourselves against the best of peers in the province, potential future leaders of our generation. By Max B.



PERU SPRING BREAK



On March 19, thirty-two Charles Best students accompanied by three teachers, set off on a 2-week South American adventure. Highlights of the trip include visiting the sights and sounds of Lima, Peru, a week of homestay with Peruvian families in Arequipa, sightseeing around Cusco, and visiting the hidden Inca city of Machu Picchu. Students experienced Peruvian culture first hand, worked on their Spanish, and visited a rural Peruvian school where they brought numerous donations and spent time bonding with the local children. Memories for a lifetime!

POETRY IN VOICE

Congratulations to Chandra Miller, Juliana Nunes and Max Botsis, the 2018 Lower Mainland Regional Poetry Champs (English stream)! They faced off against 10 other schools on Friday, April 6, here at Best to earn the top spot with

recitations of 'Fluorine' (Rita Wong), 'Let the Ponies Out' (Marilyn Dumont) and 'Annabel Lee' (Edgar Allan Poe) respectively. The contest was judged by poets Evelyn Lau, Elee Kraljii Gardiner, and Joanne Arnott. Many thanks to Brad Case and his amazing stagecraft crew for making this a true event. Thanks also to Pat Holmgren, Vivienne Royle, Steve Murray, Chuck Baker and Isabel Wilson for their help. Participating schools came from Maple Ridge, Surrey, Vancouver, the Sunshine Coast, and Vancouver Island.



Congratulations to Grade 10 student Juliana Nunes (far right in above photo), one of only 12 students from across Canada invited to compete in the English stream of the National Poetry in Voice Finals in Toronto April 18-19. Not only did she rub shoulders with students from across Canada, she had the chance to interact with notable Canadian poets in a poetry scavenger hunt in Toronto and in poetry workshops.

SENEGAL 2018



During Spring Break, a group of 27 French Immersion students, accompanied by Mme Manton, participated in a humanitarian trip to Senegal, West Africa. The trip was in conjunction with the Perspective Mondiale 11 course. Students were required to fundraise a minimum of \$300, as well as collect donations such as clothing and sporting equipment to donate to the various schools and villages we visited. This incredible experience allowed students to connect with many children and young people, forge friendships and learn about similarities and differences in our values and cultures. Yu-Chen Lim, a grade 12 student wrote: *"During our two-week trip, we visited the Nghé elementary school, a*

public school of about 165 students. When we arrived, we were greeted with a dance circle, full of cheer and excitement. And even though we were from different walks of life, they made us feel welcome, as if we were a part of their community, their family. The people of Senegal aren't depressed. They're full of life, of hope, embracing what they have and striving for a better tomorrow. And that's the truth." A BIG thank you to the chaperones who accompanied the group to Senegal: Mme Jocelyne Fortin, Dr. Mike Lemke, M. Keegan Rittinger as well as Mme Sophie Bergeron.

STUDENT LEARNING SURVEY

Thank you to Grade 10 and 12 students, their parents, and staff for participating in the annual online Student Learning Survey during the month of April. The survey helps the BC Ministry of Education plan for the future by gathering information about the education experience in BC public schools.

PISA

Charles Best is one of four schools in our district that has been selected to participate in the Programme for International Student Assessment (PISA). Fifty-three of our Grade 10 students have been randomly selected to participate in this assessment that will take place in one sitting on May 1, 2018. Selected students have already been notified. For additional information, please contact Ms. McKay, Vice-Principal.

WHAT'S COMING UP?

BEST PLAYERS PRESENT "A MIDSUMMER NIGHT'S DREAM"

A Midsummer Night's Dream is Shakespeare's most beloved comedy and one of the most produced plays in the history of theatre; and that tradition continues here at Best. It opens **Wednesday May 2, and runs May 3, 4, and 5 and continues May 9, 10, 11, and 12.** Tickets are \$15.00 for adults and \$10.00 for seniors and students and available to purchase in the school office and sold at the door before each performance. Box Office opens at 6:45 PM with doors at 7:00 PM and curtain at 7:30 PM.

GRADE 9 FRENCH IMMERSION ANNUAL CAMPING TRIP

Grade 9 French Immersion students are invited to participate in our annual camping trip from **June 25 to June 27**. The link to register can be found on the school's French Immersion webpage or by clicking on the following link: <https://tinyurl.com/y83glakl> For further information, contact your FRAL 9 or COMM 9 teacher. Spots are limited so don't miss out!

ATHLETICS

MOUNTAIN BIKING

Bennett Steers represents Dr. Charles Best on the District Mountain Biking Team.



BADMINTON

The senior badminton team had an extremely successful district playoffs championship. Jimmy Cheng won two 3-game tiebreakers in both the semi-finals and finals to win gold in boys' singles. He played with guts and heart and showed tremendous mental toughness on his way to 1st place. Jimmy then teamed up with Chris Cheng to win bronze in boys' doubles. This was the first time that this team played together at the senior level and they played some awesome badminton! On the girls' side, Yolanda Chang played outstanding badminton and dominated her way up to the finals where she won silver in



girls' singles. All 3 players qualified for the Upper Fraser Valley Championships. Excellent effort by the other members of the senior team as well, including Grade 12's Emily Lam, Claire Song, Taryn Chang, Florence Hsu and Leo Peng and Grade 11's Amy Zeng, Manami Sekine, Jason Li, Ricky Tat and Jim Liu. Next up is the Upper Fraser Valley Championships in May. Way to go team!

The Junior Badminton Team played spectacularly at this year's District Championships obtaining 2 gold medals (Rannie Xiong for girls' singles and girls' doubles with Joyce Dai), 2 bronze medals (Joyce for girls' singles and Taryn Wou and Cheryl Zhang for girls' doubles) and 2 fourth place standings (Taryn for girls' singles and Eric Chan for boys' singles). These top 4 placements move on to the next level, the Upper Fraser Valley Tournament. Our team finished second overall in the District. A great play by all team members: Braidyn Chang, Renee Jing, Allie Reddekopp, Matthew Chow, Jai Malhi, Tristan Joung, Dayric Vallescas, Andy Yang, Lawrence Zhu.



GOLF

On a stormy Friday at Guilford Golf Course, the battle for the blue jacket commenced at the Charles Best Master Championship. As the match progressed, two golfers pulled away from the pack. Grade 9 golfing phenomenon Jayden Piao scored an eagle on the par 5 Seventh Hole to deliver a sizzling round of 76. Reigning champ William Tindle countered with an eagle of his own on the par 5 fourteenth hole and just edged out Jayden to repeat as the 2018 Master Champion with a jaw-dropping 74. Jordan Allaire hit a 250 yard drive on hole #9 and a 7 foot dart on hole #17 to win both the Longest Drive and Closest to the Pin competition. Other notable scores were Max Mackinnon with an 82, Matthew Beauchamp with an 84 and Lauren Jang with an 85.

RUGBY

Our rugby programs are now in full swing. The Senior Boys team is now sitting at 4 wins and 2 losses and has moved into 3rd position in the rankings (behind Seaquam and Riverside). They have been working on playing an open style game and it has had positive results. This season's goal is nothing less than the League Championship. Our Girls' Team is also flying high. They are now sitting at 5 wins and 0 losses. Since they are a little short on players, 4 of those wins have come when they have played shorthanded. Needless to say, they are a strong, athletic team with the goal of winning the League Championship. Finally, our Junior Boys have had a good start to their season with some ups and downs. They are also a little short of players and this has meant a couple of default losses. With only 16 players on our team (there are 15 needed to field a team), we have set our goal of playing 500 rugby this season. It has been an exciting year for rugby at Best! With our 2 senior teams playing excellent rugby and a tour to kick things off, there has definitely been a rugby buzz in the school! Special thanks to the coaches: Taylor Einhorn (alumni), Lauren Best (alumni), Rachel Ballard, Jun Ishii (teacher), Denise Galuska (teacher) and Kevin Startin (teacher) for volunteering their time to help these student athletes learn a new game.

Since you are probably wondering about our tour to Trinidad and Tobago, here are a few details. The rugby players went on tour for the first week of Spring Break. The Boys and Girls' teams played various club teams in Trinidad and our boys also played the U19 Trinidad National Team. In Tobago, we had the opportunity to play a Club Men's team (we managed a tie!) and a Club Women's team. The tour wasn't just rugby – the teams also had a chance to see the sites and enjoy Caribbean cuisine. It was an excellent trip creating lifelong friendships and memories and the players are already asking when the next one will be. Although there is nothing in the works yet, it would seem reasonable to expect that our next trip will happen soon enough in a few years.

SOCCER



The Junior Girls' Soccer team has had a great start to their season, posting a record of 4-0-1 in league play. Entering their last league game, they are in contention for the Coquitlam League Title and will be moving on to the Fraser Valleys next week. The girls have been working extremely hard and have been playing well together. Great job ladies!

TRACK AND FIELD

Charles Best's track & field team opened its season on April 11 at the Coquitlam Classic, with Percy Perry stadium playing host. The athletes were met with utterly miserable conditions, as the rain pounded down and the wind buffeted runners, throwers, and jumpers alike. T'was a rough day! Despite the horrid weather, our athletes competed gamely; Georgia Hamnet won both the Junior Girls' javelin and shot put competitions, Charlotte Moon placed second in the Junior Girls' long jump, and Amara Duncan, Georgia Hamnet, Carly Seemann, and Julia Neufeld combined to finish third in the Senior Girls' 4x100. Our second meet of the season – the Nick Wilkes Invitational at Maple Ridge Secondary – saw a significant improvement in the weather, as warm, sunny skies greeted the athletes on April 24. Carly Seemann dominated the Junior Girls' 300m hurdles, then quickly doubled-back and finished second in the Senior Girls' high jump. Sara Mahdavian opened her season over 100m with a solid performance. In the distance events, Aldyn Monk-Young and Ariona Curiel turned in strong races in the Junior Boys' 1500m and Senior Girls' 1500m, respectively. The Coquitlam District Championships run next week, on Monday, April 30 and Thursday, May 3. Good luck to all the athletes competing!

GRAD CORNER

MAY

- Canadian universities make the bulk of their admission offers from mid-May thru to the end of the month.
- Please let Mr. Chang or Mrs. Healey Wright know about any scholarships you have won so that it can be acknowledged in the Commencement Program. Ensure you write a thank you note to the scholarship donor.
- Check out www.canlearn.ca and www.studentaidbc.ca for information on Canada and BC student loans and grants.

STUDENT TRANSCRIPTS

The BCeID# and Student Transcripts Service gives the Ministry of Education permission to send your grades to the post-secondary schools of your choice. If you are planning to attend post-secondary, this should be completed. Please check the lists posted in the Career Centre and Counselling Area. If you are not on the list, follow the link to (1) sign up and (2) select your schools.

<https://www.studenttranscripts.gov.bc.ca>

GRAD EVENTS – EXPECTATIONS ON CONDUCT

A reminder to parents and grads, the **School and District Code of Conduct** applies to all grads and grad guests at school graduation functions, including Commencement, Dinner/Dance, and After-Grad. **Students and/or guests found in possession of drugs and/or alcohol or under the influence of drugs and/or alcohol upon arrival or during any school grad events will be sent home immediately.** Students sent home for not abiding by the School and District Code of Conduct will not receive ticket refunds. **We ask parents to support students by NOT serving alcohol at pre-parties or gatherings they host/attend. Remember, Champagne is alcohol!**

TIMELINE FOR GRAD-RELATED ACTIVITIES

Activity	Date	Time	Location/Contact
Make sure you have no books or fees or other amounts outstanding by this date	May 3	3:00 PM	Cleared at Main Office – Check posted sign with student ID to see if you owe fees
Grad Transitions must be completed or you can't buy tickets	April 30	3:00 PM	Mr. Last
Guest Application Forms due	April 30	3:00 PM	Main Office
Commencement Message due	April 30		Link on website
Tickets for After-Grad and Bus (on-line only)	May 8		Link on website, under "Student Fees"
<i>Ticket Sales for Grad Dinner Dance / Commencement</i>	<i>May 15, 16</i> <i>May 17</i>	<i>10:30AM – 1:30 PM</i> <i>2:30 PM- 3:30 PM</i>	<i>Conference Room</i>
<i>Dinner Dance Table Reservation</i>	<i>June 6-8</i>	<i>10:30AM – 12:30 PM</i>	<i>Counselling Office</i>
<i>Commencement Rehearsal & Cap and Gown Distribution</i>	<i>June 8 Attendance is Mandatory</i>	<i>Period 5</i>	<i>Large Gym – Cap and Gown Distribution</i>
Commencement Ceremony (students receive 4 complimentary tickets, additional tickets are \$5.00 each)	June 9	11:00 AM 10:15 AM - Grads Ready	Queen Elizabeth Theatre
Awards Day	June 13	7:00 PM	Large Gym
Grad Dinner/Dance	June 23	6:00 PM to 11:30 PM	Fairmont Waterfront Hotel
After-Grad	June 23 night/24 morning	12:15 AM – 1:00 AM Check- in	Charles Best School Gym
French Leaving Ceremony	June 22	1:00 PM – 3:00 PM	Small Gym

INFORMATION/REMINDERS

REPORT CARDS – THIRD FORMAL REPORT

Report cards were distributed to students on Thursday, April 26. If you have not received your child's report card, please feel free to contact the office by email dportelance@sd43.bc.ca or phone 604-461-5581.

STUDENT DROP OFF/PICK UP ON SCHOOL GROUNDS

Please be aware that when dropping students off in the morning, vehicles are not permitted to stop at the west entrance roundabout. Stopping in the roundabout causes dangerous traffic problems on Como Lake Avenue and impedes traffic. When picking up your child, please remember not to park in the designated parking spots such as reserved, fire lane, RCMP.

ORDER YOUR YEARBOOK!

Only 60 yearbooks remaining for the entire school. You can purchase online, on our website under "School Fees".

CHARLES BEST SOCKS FOR SALE

The senior girls' basketball team is selling Charles Best socks. Show your school spirit!! Buy 1 pair for \$15 or get a group of 10 teammates or friends together and get your socks for \$12 per pair. Talk to any of your senior girls' basketball players or see Ms. V in Room 102 (or email at svswanathan@sd43.bc.ca) for more information. Socks are limited so get them today!!!



Get Your Charles Best Socks today!

\$15 per pair
or if you can get 10 teammates/friends to order together get them for **\$12** each

Pre-order yours today as quantities are limited!

For more information please see one of your Senior Girls Basketball players or Ms. V or email Ms. V at svswanathan@sd43.bc.ca.

SOCKS WILL BE AVAILABLE STARTING IN APRIL

FUNDSCRIP GIFT CARDS

Looking for a gift for Father's Day, coaches, grads, birthdays, anniversaries? Look no further. Help us raise funds for our school by purchasing Fundscrip Gift Cards. Vendors include grocery, gas, restaurants, clothing, something for everyone! You can order your cards by following this link: <https://sd43.schoolcashonline.com/Fee/Details/9069/108/False/True>. Purchases made before May 25 will be available for pick-up at the school on the first week of June. Thank you for your support!

PAC / AFTER GRAD NEWS

Order Deadline: Monday
April 30, 2018

Mother's Day

2018

\$20 – 12" Hanging basket	\$7.50 – petal pot 6.5" across, 6" high	\$30 – Planter 12" across top, 15" high
\$16 – 10" Hanging basket		

There still time to place your orders for Mother's day and help support our 2018 graduates' After-Grad fundraiser.
Orders can be placed and paid directly via School Cash Online <https://sd43.schoolcashonline.com/Home/SignIn>
Order Deadline: Monday April 30, 2018
Pick-Up: Charles Best - May 10th after 3:00

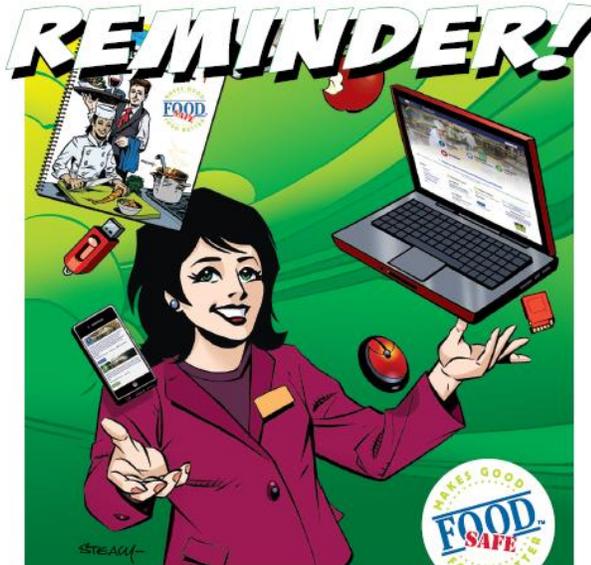
AFTERGRAD 2018 FUNDRAISER – MOTHER'S DAY FLOWERS – DEADLINE TO ORDER: MONDAY, APRIL 30 (see attached PDF order form)

CHARLES BEST SECONDARY SCHOOL PAC – ANNUAL GENERAL MEETING – Monday, May 7 at 7PM in the School Library

Most members of the current PAC executive will be resigning at the end of the year as we have children in Grade 12 and they will be graduating. **The PAC cannot carry on without your support. It requires a President, Secretary and Treasurer to continue.** Please consider volunteering for the PAC next year. It is not an onerous job. The general meetings are every two months (no more than 1 ½ hours) and there is no fundraising required. The administration supplies a wish list from the teachers and the PAC decides how to distribute the money. For more information about the positions, please contact the current PAC President Barbara Davis bddavis@shaw.ca

COMMUNITY NEWS

FOOD SAFE REMINDER



DON'T DELAY, RECERTIFY TODAY!

All FOODSAFE Level 1 certificates issued in British Columbia before **July 29, 2013** will expire on **July 29, 2018**.

For more information visit www.foodsafe.ca/recertify.html

SUMMER LEARNING



Learning for All

Engaging and quality learning opportunities await your child this summer!

Summer School Programs 2018
Registration opens April 27th

Elementary Skill Building Friday, April 27th	Secondary Program Secondary Skill Building and Remedial Tuesday, May 1st
Middle School Skill Building Tuesday, May 1st	Grade 10 Advanced (High School) Credit and Online Fast Track Friday, May 4th
	Grade 11 Advanced (High School) Credit and Online Fast Track Tuesday, May 8th
	Grade 12 Advanced (High School) Credit and Online Fast Track Friday, May 11th

• Students must have an account on our online system BEFORE registering for courses.
• Please visit our website and create/update your account now.
• To create an account you will need your child's PEN number, which is available at your child's home school.

Courses are Tuition free for BC Residents.

Courses Start July.
For exact dates, times and locations visit our website.

COQUITLAM CONTINUING EDUCATION www.summerlearningcoquitlam.ca



Healthy Mind, Healthy Child



Free Parent Seminar
for all parents of District 43 students
online registration is required

Are you frustrated & lost in getting help for your child?

Then this seminar is for you. Learn how to navigate getting that help & support for children with anxiety, depression, addictions & other concerns.

PRESENTING ORGANIZATIONS & SPEAKERS:

- Access Youth
- Pathways
- Share + more

DATE: Tuesday, May 15, 2018

TIME: 6:30—8:30pm (doors open 6:00pm)

LOCATION: Gym—Winslow Centre
1100 Winslow Avenue, Coquitlam

ONLINE REGISTRATION REQUIRED
<https://dpac43parentresourcefair2018.eventbrite.ca>

QUESTIONS?

District 43 Parent Advisory Council (DPAC)
1100B Winslow Avenue, Coquitlam BC V3J 2G3
Phone: 604-939-3690 / Email: office@dpac43.org
Website: www.dpac43.ca

GOLDEN SPIKE DAYS FESTIVAL

We are currently looking for volunteers for this year's festival. Held June 30, July 1, 2 & 3, 2018. If you are interested please contact the volunteer director Colin McKay at volunteers@goldenspike.ca